

Sweet Quinoa Porridge



SERVES 1

Ingredients

½ cup quinoa
½ cup almond milk – unsweetened
1 tsp currants
1 tsp cinnamon
1 tsp chia seeds

Instructions

Cook quinoa according to packet instructions or in your rice cooker. In a bowl add in quinoa, currants, cinnamon, chia seeds then top with almond milk. Mix well, leave overnight for it to thicken up or you can eat it straight away.

If you don't have currants feel free to replace them with berries.

