

Spiced Chicken Salad



SERVES 1

Ingredients

½ Chicken Breast
3-4 Florets Broccoli
Handful of rocket

¼ Chopped Onion
Paprika
Curry Powder

Instructions

*Spice Chicken with paprika and curry powder.
Cook on sandwich press (lid down).*

Lightly steam vegetables for 4-5 minutes making sure they are still crunchy.

Assemble and serve with rocket.

