

Kim's Choc Mint Protien Balls



SERVES 10

Ingredients

1 cup LSA (ground linseed, sunflower and almonds)
½ cup rolled oats
1 scoop chocolate protein powder
10 dates
¼ cup cacao powder

¼ cup unsweetened apple sauce
¼ cup rice malt syrup
1 tsp peppermint extract
1 tsp vanilla paste
1 tsp chia seeds
½ cup cacao nibs to roll balls in

Instructions

Add all ingredients EXCEPT cacao nibs into food processor. Process until all ingredients are combined.

Roll mixture into small balls, then roll balls into cacao nibs then place in the fridge to set for about 30 minutes.

