

# Chia Pudding with a hint of coffee



SERVES 1-2

## Ingredients

¼ cup chia seeds  
1 cup almond milk  
1 shot espresso

1 tsp vanilla essence  
1 tbsp pure maple syrup  
Pinch salt

## Instructions

*Make your espresso shot and let it cool down.*

*In a jug or bowl add chia seeds, espresso and almond milk and give a good stir so the chia seeds do not stick together. Add in vanilla, maple syrup and a pinch of salt. Stir again for a few minutes to avoid chia sticking together.*

*Pour into a serving dish or some small shot glasses and put in the fridge for a couple of hours or overnight.*

*Dress up with some berries before serving.*

