

Sweet Cashew Crème Strawberries



MAKES 24

Ingredients

24 large strawberries
1 cup raw cashews (soaked in ½ cup water
over night)

1 tbsp pure maple syrup (or brown rice syrup)
½ tsp vanilla essence

Instructions

Drain cashews, then place them in a food processor along with pure maple syrup and vanilla essence. Blend until creamy.

Hollow out the strawberries with a knife. Cut the tip off so they sit nicely on a plate. Pipe or scoop crème into strawberries.

Serve straight away or store in fridge.

