

Cinnamon Donuts



SERVES 6-8

Ingredients

2 cups brazil nuts
1/2 cup oat flour (or oats ground in food processor)
1 cup rolled oats
1/3 cup coconut oil
1/3 cup natural maple syrup
1/2 tsp cinnamon
1/3 cup Xylitol

Shop where
Kim shops.

Get your ingredients at
the Wholefood Collective.

SHOP NOW

Instructions

Process brazil nuts in food processor until fine. Combine dry ingredients into a bowl. Combine wet ingredients, mix together with dry ingredients.

In a separate bowl mix together xylitol and cinnamon. Squeeze mixture into teaspoon size balls and roll through cinnamon xylitol mixture and place in the fridge.

